

Guidelines for the campus residents during COVID19

Campus residents: Faculty and Staff members who are the official resident of the campus and their family members

In view of ongoing COVID 19 situation following guidelines are issued for the campus residents

General instructions:

For the residents:

- ✓ Follow healthy habit and hygiene practices such face mask, hand hygiene, physical distancing, cough etiquette.
- ✓ If you develop fever, cough, cold, sore throat, running nose or difficulty in breathing please inform medical unit at 033-61360050
- ✓ Make sure that you are eating healthily. Exercise regularly inside your apartment. These measures will booster your immunity.

For elderly people and children:

- Elderly people (aged 60 years and above) are advised to stay inside/indoor.
- Children should avoid common play area such as park, gym, activity center, student hostel, offices, shopping complex.
- Parents must educate their children on the situation of COVID 19 and importance of hygiene practice.

For domestic helps/care givers:

- Regular domestic helps/care givers must be registered with the Campus security desk/Administration
- Inform your domestic aid about all the safety measures being adopted and make sure he/she observes them. If you notice any symptoms for COVID 19 please deny his/her entry till their complete recovery.

Specific guidelines

- All mass gathering (small or large) like birthday party, social gathering, family get-together in the campus residence and adjacent area are not allowed
- All are advised not to invite any new visitor to their campus residence
- In case of emergency or under unavoidable circumstances, such outside visitors/relatives may be allowed with prior permission of the Institute's Administration in consultation with COVID 19 Task Force Committee
- Physical distance of 2 meter (6ft) shall be maintained at all times outside individual residence (quarter/apartment)
- All residents must wear mask (preferably 3 layered) when they go out of their apartment. And must change every 8 hours or earlier if soiled /wet.

- Hand wash/pedal operated sanitization facility will be provided for each apartment buildings
- Common spaces likely to be touched frequently (lift, stair case railing, common doors handle and other surfaces shall be regularly disinfected with using 1% Hypochlorite solution
- It shall be duty of the individual resident to adhere to the Govt protocol while under “self-quarantine”. Please inform Covid 19 Task Force if you notice any breach of quarantine rules by such residents (covid19@iiserkol.ac.in)
- In case of any symptoms of COVID 19 infection, residents are advised to report Medical unit immediately. Medical unit has defined protocol to handle such cases.
- Do not throw used mask, PPEs, gloves in common garbage disposal bag, please soak them in 1 % hypochlorite solution for 10 mins before disposal.
- Measure SpO2 using pulse oximeter daily thrice a day. If it is less than 95% must contact the medical unit.
- Be compassionate and avoid stigma of any residents who are advised home quarantine or test positive for COVID 19.

Action to be taken on detection of suspect/confirmed COVID 19 case in the campus residential complex (Faculty and Staff quarters)

- If any resident shows the symptoms of COVID 19 (refer to https://www.iiserkol.ac.in/~covid19/files/3_pdf.pdf), he/she shall be immediately moved to an area away from the other individuals, if possible, find a room isolated from others with separate washroom. Keep the windows open and allow air circulation.
- Please inform Medical Unit and consult them with the health status regularly for further guidance and advice.
- Till the testing result come, he/she will be under strict home isolation or institutional isolation.
- All contacts of the confirmed case shall be quarantined as per the advisory of the State Govt and Institutional policy.
- Institute will help the residents for the arrangement of essential items if home quarantined within their official residence.
- Respective apartment building, floors, staircase and surfaces will be disinfected as per the movement history of the confirmed cases.
- There is no need to seal the apartment building

Immediate medical attention must be sought if you notice

- ✓ Difficulty in breathing,
- ✓ Dip in oxygen saturation (SpO2 < 95%)
- ✓ Persistent pain/pressure in the chest,
- ✓ Mental confusion or inability to arouse,
- ✓ Slurred speech/seizures
- ✓ Weakness or numbness in any limb or face
- ✓ Developing bluish discolorations of lips/face
- ✓ Loss of taste, smell and unexplained diarrhea

Important contact information in case of emergency

Medical unit: Direct line: **03361360050, 8961010543**

Medical Officer at Medical Unit of IISER Kolkata, Mohanpur Campus.

Dr. Mayukh Pal (Duty Medical Officer): 9433863905

Dr. Priya Dey (Duty Medical Officer): 8700070883

Nursing staff:

Mr. Deepak Kumar Panigrahi (Nursing Assistant): 9002232022

Ms. Purabi Mondal (Nursing Assistant): 9836249346